**Expression of Interest**

# **Dynamic Balance for Life**

*Programs in 2023 planned to commence in mid-February*

**NAME:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**AGE:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**CONTACT DETAILS:**

*Phone number and/or email address*

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**SUBURB OR POST CODE:**

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**SESSION PREFERENCE:**

🞏 Morning

🞏 Afternoon

🞏 Evening

***Email form to*** [***admin@aujudo.com***](mailto:admin@aujudo.com)